

Welcome to Fresh Start Catering



About us

Founded in 2007 we're a small company dedicated to providing a 'home-cooked' meal for your children to ensure they have a healthy, nutritious and varied diet every day. We're passionate about healthy eating and understand the worries and hardships of getting your children to eat a good, well balanced meal. This is why we try very hard to ensure that not only are our menu's nutritionally balanced, but they're tasty and appealing, making sure your little ones are kept healthy and happy – which makes us happy.



www.freshstartcatering.uk



01869 226675



Support@freshstartcatering.uk

Our meals

Our meals are freshly prepared in your school kitchen every day. We offer four different meal options including, unlimited salad cart, hand-made bread, a main pudding or fresh fruit with organic yoghurt. Our menus work on a three-weekly rotation and all our meals are nutritionally balanced against the Children's Food Trust guidance.

As you may be aware the Government fund all Key Stage 1 children with Free School Meals. This means you will not have to pay for your children's meals until Year 3.

How to order

Our online booking system, Meal Manager, offers complete flexibility for ordering your children's meals. You are able to order all meal options on a weekly basis and can order between 1 and 5 meals a week, on any day of the week and are able to switch days, add days and change meal choices (we have a Thursday cut off for bookings meals for the following week). We release each half term at a time, therefore you can book for the whole half term should you wish to. We recommend this method to avoid missing the weekly deadline and to ensure you have all options to order from. This year, we have introduced a daily, late order system, which allows parents who may have missed the deadline to order a jacket potato or sandwich option meal on any day before 9.00am.

Meal Manager is set up so that all Key Stage 1 children are automatically free when you book meals. You just need to choose your child's meal choices.

Packed lunch provision for school trips

Fresh Start offer a packed lunch on school trip days. You are able to select, within the preferences, if you would like to have a packed lunch in place of the booked meal on Meal Manager. Fresh Start automatically remove the meal choice for you and substitute this for your chosen packed lunch preference. If you have not ordered a meal with Fresh Start you will need to provide a packed lunch for your child for the school trip.

Order deadlines

The weekly deadline to order your meals is 12 noon every Thursday, the week before you wish to have a meal. We will email weekly reminders to your email address the day before the deadline and during holidays for the first week back to school.

We endeavour to open Meal Manager at least a week before the end of term and we always close, for new term orders, at 12 noon on the Thursday, the week before your children return to school. We will send you an email letting you know when Meal Manager is open and what the deadline for ordering will be.

Cancelling a meal

On occasion you may need to cancel a meal, for example: if you're going on holiday. We ask that you send us an email to support@freshstartcatering.uk to let us know the date you wish to cancel the meal. We ask that you let us know by the Thursday the week before you wish the meal to be cancelled. This is so we have time to remove the choice from the system before we start ordering fresh produce.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spring Vegetable Frittata & Coleslaw	Beef Lasagne and Garlic Bread	Sausage, Roast Potatoes & Gravy	Chicken Tagliatelle	Breaded Fish & Chunky Wedges
Pizza (V)	Vegetable Fajitas (VE)	Tomato & Basil Pasta (V)	Butternut Burger & Wedges (VE)	Vegetable Curry & Rice (VE)
Jacket Potato with a choice of; Baked Beans, Tuna Mayonnaise, Coleslaw and Cheese (V)	Jacket Potato with a choice of; Baked Beans, Tuna Mayonnaise, Coleslaw and Cheese (V)	Jacket Potato with a choice of; Baked Beans, Tuna Mayonnaise, Coleslaw and Cheese (V)	Jacket Potato with a choice of; Baked Beans, Tuna Mayonnaise, Coleslaw and Cheese (V)	Jacket Potato with a choice of; Baked Beans, Tuna Mayonnaise, Coleslaw and Cheese (V)
Deli Option with a choice of; Egg mayonnaise, Coleslaw, Cheese or Tuna Mayonnaise	Deli Option with a choice of; Egg Mayonnaise, Ham, Cheese or Tuna Mayonnaise	Deli Option with a choice of; Egg Mayonnaise, Ham, Cheese or Tuna Mayonnaise	Deli Option with a choice of; Egg Mayonnaise, Ham, Cheese or Tuna Mayonnaise	Deli Option with a choice of; Egg Mayonnaise, Ham, Cheese or Tuna Mayonnaise
Pineapple Sponge (V)	Sultana Cookie (V)	Apple Flapjack(V)	Garden Cookies (V)	Chocolate Beetroot Cake (V)